Bearfield's of London Whole Traditional Ham

INGREDIENTS	EU Pork, Salt, Antioxidant (E301 Sodium Ascorbate), Preservative (E250 Sodium Nitrate). Made from 100g of raw pork per 100g of ham.
ALLERGY INFORMATION	See ingredients in BOLD
DIETARY	None.
STORAGE	Minimum shelf life of 21 days. Suitable for home freezing. Freeze on day of purchase and use within 2 months. Defrost thoroughly before use. Use within 24 hours of defrosting. Once defrosted, do not refreeze.
MANUFACTURER & ADDRESS	Bearfields Ltd, Unit 1, The Sidlings Industrial Estate, Hainault Road, Leytonstone, London, E11 1HD.
COUNTRY OF ORIGIN	EU.
DISCLAIMER	Please note that whilst we take every care to ensure the product information displayed on our website is correct, product recipes are regularly changed and this may affect nutrition and allergen information therefore you should always check product labels and not rely solely on the information presented here.