Nutritional Facts

Active Woman Activate Strawberry

Serving Size 30g

Nutritional Info:	Per 100g	%NRV	Per 30g	%NRV
Energy (kJ/kcal)	1480/535		444/106	
Fat (g)	1.56		0.47	
as saturates	0.97		0.29	
Carbohydrates (g)	5.27		1.58	
as sugars (g)	4.26		1.28	
Protein (g)	83.5		25	
Sodium (g)	0.106		0.032	
Vitamin D (mcg)	17	340	5	100
Vitamin B6 (mg)	4.67	333	1.4	100
Folic acid (mcg)	667	333	200	100
Pantothenic acid (mg)	20	333	6	100
Calcium (mg)	1740	217	522	65
Zinc (mg)	16.7	167	5	50

Typical Amino Acid Profile:	(% of Protein) mg
Alanine	3.1
Lysine	7.8
Arginine	3.4
Methionine	2.7
Aspartic acid	7.1
Phenylanaline	4.7
Cysteine	0.8
Proline	9.8
Glutamic acid	21.5
Serine	4.7
Glycine	1.7
Threonine	4.0
Histidine	2.6
Tryptophan	1.3
Isoleucine*	5.1
Tyrosine	5.0
Leucine*	9.3
Valine*	5.6

Ingredients:
Premium Protein Blend of (Micellar Casein, Whey Protein Isolate, Whey Protein Concentrate) **(Milk & Soya)**, Flavouring, Beetroot Juice Powder, Green Tea Extract, Sweetener (Sucralose), Zinc Citrate, Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Cholecalciferol preparation (Vitamin D3), Folic Acid.

* = NO EC NRV Established (NRV = Nutrient Reference Values)
** = Branched Chain Amino Acid.

Diet Suitability:
This product is suitable for individuals with the following dietary requirements: Halal, GMO Free, Nut/Seed Free. This product is suitable for vegetarians.

Allergy Advice:
For allergens, see ingredients in **bold**.

Not recommended for children or pregnant women. Food Supplement not to be used as a substitute of a healthy lifestyle and balanced diet. Do not exceed recommended daily dose. Keep out of reach of children.

Storage:
Keep sealed in a cool dry place out of direct sunlight.

Directions for use:
Simply mix one scoop of Activate powder with 200-300ml of water, semi-skimmed milk or soya milk to your taste. Now you're really ready to rock

Nutritional Facts

Active Woman Define

Serving Size Two Capsules

Nutritional Information:	Two Caps	%NRV
Konjac mannan (mg)	500	*
Green tea (mg)	500	*
providing polyphenols (mg)	100	*
Caffeine (mg)	100	*
Chromium (mcg)	200	500

Ingredients:
Glucomannan, Green Tea Standardised Extract, Gelatin (Capsule Shell), Caffeine, Anti-caking Agents (Magnesium Stearate, Silicon Dioxide), Chromium Chloride.

* = NO EC NRV Established (NRV = Nutrient Reference Values)

Diet Suitability:
This product is suitable for individuals with the following dietary requirements: Halal, GMO Free, Nut/Seed Free. This product is **NOT** suitable for vegetarians.

Allergy Advice:
For allergens, see ingredients in **bold**.

Contains a source of caffeine. Not recommended for children or pregnant women. Food Supplement not to be used as a substitute of a healthy lifestyle and balanced diet. Do not exceed recommended daily dose. Keep out of reach of children.

Storage:
Keep sealed in a cool dry place out of direct sunlight.

Directions for use:
2 capsules per day before mealtimes.

Nutritional Facts

Active Woman Refine

Serving Size Two Capsules

Nutritional Information:	Two Caps	%NRV
CLA 80% isomers (mg)	1,600	*
Yerba maté (mg)	400	*
L-Carnitine (mg)	68.2	*

Ingredients:
Conjugated Linoleic Acid, Gelatin, Glycerol, Yerba Maté Extract, L-Carnitine Tartrate, Water, Colours (Iron Oxides and Hydroxides, Titanium Dioxide).

* = NO EC NRV Established (NRV = Nutrient Reference Values)

Diet Suitability:
This product is suitable for individuals with the following dietary requirements: Halal, GMO Free, Nut/Seed Free. This product is **NOT** suitable for vegetarians.

Allergy Advice:
For allergens, see ingredients in **bold**.

Not recommended for children or pregnant women. Food Supplement not to be used as a substitute of a healthy lifestyle and balanced diet. Do not exceed recommended daily dose. Keep out of reach of children.

Storage:
Keep sealed in a cool dry place out of direct sunlight.

Directions for use:
2 capsules per day before mealtimes.