

ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

Name of Product	The Kindness Bakery Original Cheese Straws 100g
Manufacturer's Name and Address	Kindness Bakers Ltd, 69 Main Street, New Deer, Turriff, Aberdeenshire, United Kingdom, AB53 6SY
Supplier Name and Address	Kindness Bakers Ltd, 69 Main Street, New Deer, Turriff, Aberdeenshire, United Kingdom, AB53 6SY
Ingredients	WHEAT flour, vegetable oil, pastry margarine: (vegetable oils & fats, water, salt, Emulsifier E471). Mature Scottish cheddar cheese (20%) (pasteurised cow's MILK , colour annato E160(B), mature colour.), salt, flour treatment agent E920, acidity regulator E450a 500, colour E100.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place out of direct sunlight. Once pack is opened the product should be kept in an airtight container
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1680	Energy (kcal)	505	Salt	2.7
Fat	34	of which saturates	13.9		
Carbohydrate	32	of which sugars	0.7		
Fibre	1.2	Protein	17.5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	No		

Name of Product	Oloves Lemon & Rosemary Natural Green Pitted Olives 30g
Manufacturer's Name and Address	Brand Stand Limited T/A OLOVES, Unit 2-3 Downsbrook Trading Estate, Southdownview Way, Worthing, West Sussex, United Kingdom, BN14 8NQ
Supplier Name and Address	Brand Stand Ltd T/a OLOVES, Unit 2-3 Downsbrook Trading Estate, Southdownview Way, Worthing, West Sussex, United Kingdom, BN14 8NQ
Ingredients	Pitted Green olives 94%, sunflower oil, lemon pieces 3%, rosemary 0.2%, garlic powder, garlic aroma, salt, vinegar, Acids: lactic acid, citric acid.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Morocco
Storage Instructions	Ambient
Instructions for use	Each packet: once opened refrigerate and consume within 3 days
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	733	Energy (kcal)	175	Salt	2.5
Fat	18.4	of which saturates	2.6		
Carbohydrate	1.1	of which sugars	0.3		
Fibre	3.6	Protein	1.3		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	James White Cox Apple Juice est 75cl
Manufacturer's Name and Address	James White Drinks Ltd, Whites Fruit Farm, Helmingham Road, Ashbocking, IPSWICH, Suffolk, GB, IP6 9JS
Supplier Name and Address	James White Drinks Ltd, Whites Fruit Farm, Helmingham Road, Ashbocking, IPSWICH, Suffolk, GB, IP6 9JS
Ingredients	Pressed English Cox Apple Juice (100%), antioxidant: ascorbic acid

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	GB
Storage Instructions	ambient Storage / cool dark place
Instructions for use	ready to drink, once opened need to be kept refrigerated and consumed within 3-4 days
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	214	Energy (kcal)	50	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	13	of which sugars	12		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Claire's Handmade Spicy Garlic & Tomato Salsa Dip 200g
Manufacturer's Name and Address	Claire's Handmade Ltd, Unit 1b-1c George Moore Estate, Fletchertown, Wigton, Cumbria, United Kingdom, CA7 1BA
Supplier Name and Address	Claire's Handmade Ltd, Unit 1b-1c George Moore Estate, Fletchertown, Wigton, Cumbria, United Kingdom, CA7 1BA
Ingredients	Tomatoes 73%, distilled malt vinegar (from BARLEY), onions, sugar, tomato puree 11%, garlic 5%, spices, dried red chilli, salt, acidity regulator: citric acid. This product contains malt vinegar which can be a source of GLUTEN. Our vinegar supplier has confirmed that once the vinegar has been fermented only a residual trace remains. By the time we have used this in our recipe, the amount of GLUTEN left is well below the 10ppm required to make the product 'GLUTEN free'.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place, away from sunlight. Once opened, refrigerate and use within 4 weeks.
Instructions for use	Ready to eat.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	353	Energy (kcal)	83	Salt	0.5
Fat	0.1	of which saturates	0		
Carbohydrate	18.2	of which sugars	15.9		
Fibre	1.2	Protein	1.8		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Mighty Fine Salted Caramel Honeycomb Bar 30g
Manufacturer's Name and Address	Mighty Fine, unit 23 regent trade park, gosport, hampshire, UK, po13 0eq
Supplier Name and Address	Mighty Fine Chocolate, unit 23/24 regent trade park, barewell lane, gosport, hampshire, po13 0eq
Ingredients	Honeycomb (61%) - Sugar, Glucose Syrup, Honey (4%), Raising agent: Sodium Bicarbonate, Salt, Rice Flour; Milk Chocolate (39%) - Sugar, Cocoa butter, Whole MILK Powder, Cocoa mass, Emulsifier: SOYA Lecithin; Natural Flavouring and Vanilla flavouring. mass, Emulsifier: SOYA Lecithin; Natural Flavouring and Vanilla flavouring.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts
Country of Origin	uk
Storage Instructions	ambient, cool our of sunlight
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1869	Energy (kcal)	427	Salt	0.62
Fat	12.7	of which saturates	7.6		
Carbohydrate	79.7	of which sugars	68.4		
Fibre	1	Protein	3.1		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Radfords The Sugar Mill Chocolate & Caramel Fudge est 175g
Manufacturer's Name and Address	Radfords Fine Fudge Ltd, Radfords Fine Fudge Ltd, The Sugar Mill, The Sugar Mill, Stoke-Sub-Hamdon, Somerset, United Kingdom, TA14 6QE
Supplier Name and Address	Radfords Fine Fudge Ltd, Radfords Fine Fudge Ltd, The Sugar Mill, The Sugar Mill, Stoke-Sub-Hamdon, Somerset, United Kingdom, TA14 6QE
Ingredients	Sugar, Glucose Syrup, Full Fat Condensed MILK , Palm Oil, Chocolate (4%) {Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring}, Clotted Cream (MILK) (2%), Butter (MILK).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	N/A
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1874	Energy (kcal)	452	Salt	0
Fat	14.0	of which saturates	7.1		
Carbohydrate	81	of which sugars	68.8		
Fibre	0.4	Protein	1		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Reids Salted Caramel Oat Crumbles 150g
Manufacturer's Name and Address	Reids of Caithness, Unit 17, Henderson Street, Thurso, Caithness, United Kingdom, KW14 7QU
Supplier Name and Address	Reids of Caithness, Unit 17, Henderson Street, Thurso, Caithness, United Kingdom, KW14 7QU
Ingredients	OATS (26%), WHEAT flour (with calcium carbonate, iron, niacin, thiamin), Butter (MILK , salt), Sugar, Salted Caramel pieces (11%) (sugar, glucose syrup, vegetable fat (shea kernel, palm oil, emulsifiers (sunflower lecithin, SOYA lecithin), unsalted butter (MILK), water, skimmed & condensed MILK , salt, sugar icing, natural flavouring), Golden Syrup, Raising agents (sodium bicarbonates, diphosphates, sodium carbonates).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place. Once opened store in an airtight container.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2179	Energy (kcal)	521	Salt	1.1
Fat	25.6	of which saturates	14.9		
Carbohydrate	64.8	of which sugars	31.8		
Fibre		Protein	5.8		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Manomasa Serrano Chilli and Yucatan Honey Tortillas 160g
Manufacturer's Name and Address	It's All Good Ltd, 273 Dukesway, Team Valley Trading Estate, Gateshead, Tyne & Wear, United Kingdom, NE11 0PZ
Supplier Name and Address	Its All Good Ltd, 273 Dukesway, Team Valley Trading Estate, Gateshead, Tyne & Wear, United Kingdom, NE11 0PZ
Ingredients	Whole White Corn Flour, Sunflower Oil, Whole Green Lentils, Sugar, Rice Flour, Salt, Green Chillies, Cilantro Herb (Coriander), Dried Onion, Yeast Extract, Dried Garlic, Yucatan Honey Powder, Serrano Chilli Powder, Dried Tomato, Cayenne Chilli, Cumin, Dried Balsamic Vinegar, Ginger, Dried Lemon Juice, Paprika Extract, Acid: Citric Acid, Natural Flavouring, Star Anise

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place.
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2062	Energy (kcal)	493	Salt	1
Fat	26.4	of which saturates	2.4		
Carbohydrate	57.9	of which sugars	3.2		
Fibre	6	Protein	7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Gold Crown Dundee Slab (No Label)
Manufacturer's Name and Address	Gold Crown Bakeries Ltd, Units 8 & 9, Malmo Food Park, Malmo Road, Hull, East Yorkshire, UK, HU7 0YF
Supplier Name and Address	Gold Crown Bakeries Ltd, Units 8 & 9, Malmo Food Park, Malmo Road, Hull, East Yorkshire, UK, HU7 0YF
Ingredients	Sultanas (43%) (sultanas, sunflower oil), WHEAT flour (with added calcium carbonate, iron, niacin, thiamin), sugar, margarine (palm, rapeseed oils, water, salt), liquid whole EGG , mixed peel (5%)(orange & lemon, glucose syrup, acidity regulator: citric acid, preservative: potassium sorbate), ALMONDS (NUTS) (4%), glucose syrup, whey powder (MILK), vegetable glycerine, mixed spice, salt, refiners syrup, raising agents (diphosphates, sodium bicarbonates), preservative: potassium sorbate, ALMOND (NUTS) flavour.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place away from sunlight.
Instructions for use	Once opened store in an airtight container and consume within 3 days.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1321	Energy (kcal)	312	Salt	0.41
Fat	7.8	of which saturates	2.6		
Carbohydrate	56	of which sugars	33		
Fibre		Protein	3.4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		