

**RECOMMENDED INTAKE: Adults:** 2 softgels daily with meals or as directed by a doctor or pharmacist.

**PRODUCT INFORMATION:**

**2 softgels contain:**

Krill oil ( <i>Euphausia superba</i> ) .....	1000 mg
Omega-3 fatty acids .....	240 mg
Eicosapentaenoic acid (EPA).....	120 mg
Docosahexaenoic acid (DHA).....	60 mg
Phospholipids.....	400 mg
Esterified astaxanthin .....	300 mcg

**Ingredients:** Krill oil (lipid extract from the crustacean Antarctic Krill *Euphausia superba*) (**crustacean**), gelatin, glycerin, water, flavouring (ethyl vanillin), emulsifier (lecithin [**soy**]).

**Allergen advice:** For allergens see ingredient list in bold.

**WARNINGS:** Do not exceed the stated recommended daily intake. Food supplement should not be used as a substitute for a varied and balanced diet and healthy lifestyle. If you are pregnant or nursing, allergic to shellfish, taking medications, facing surgery, have bleeding problems or undergoing any other treatment that may affect the ability of blood to clot, consult your doctor or pharmacist before taking the product. Keep out of sight and reach of young children. Store at room temperature, tightly closed. Avoid excessive heat. Do not use if seal on cap is broken or missing.

\* The beneficial effect is obtained with a daily intake of 250mg DHA.

\*\*The beneficial effect is obtained with a daily intake of 250mg of EPA and DHA.

No artificial colours · No artificial preservatives · No yeast, starch, gluten, lactose.