

ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

Name of Product	James White Apple & Summer Berries Juice est 75cl
Manufacturer's Name and Address	James White Drinks Ltd, Whites Fruit Farm, Helmingham Road, Ashbocking, IPSWICH, Suffolk, GB, IP6 9JS
Supplier Name and Address	James White Drinks Ltd, Whites Fruit Farm, Helmingham Road, Ashbocking, IPSWICH, Suffolk, GB, IP6 9JS
Ingredients	Pressed apple juice 83%, Blackcurrant juice 11%, Raspberry juice 6%, Vitamin C (ascorbic acid) as an antioxidant

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	GB
Storage Instructions	ambient Storage / cool dark place
Instructions for use	ready to drink, once opened need to be kept refrigerated and consumed within 3-4 days
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	206	Energy (kcal)	48	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	12	of which sugars	11		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Silver & Green Sweet Basil Olives in Pouch est 220g
Manufacturer's Name and Address	Silver & Green, Norman House, North Lakes Business Park, Penrith, Cumbria, United Kingdom, CA11 0JG
Supplier Name and Address	Silver and Green, Norman House, North Lakes Business Park, Penrith, Cumbria, CA11 0JG
Ingredients	Pitted Green Olives (76%), Sunflower Oil (21%), Extra Virgin Olive Oil (2%), Basil (1%), Salt, Ascorbic Acid

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts
Country of Origin	Prepared for consumption in the UK, grown and cured in Greece
Storage Instructions	Ambient
Instructions for use	Ready for consumption
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1245	Energy (kcal)	303	Salt	2.1
Fat	33	of which saturates	4.3		
Carbohydrate	0.2	of which sugars	0		
Fibre	2.2	Protein	0.7		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Olives Et Al Malabar Cinnamon & Vanilla Nuts 150g
Manufacturer's Name and Address	Olives Et Al Ltd, Unit 1 North Dorset Business Park, Sturminster Newton, Dorset, United Kingdom, DT10 2GA
Supplier Name and Address	Olives Et Al Ltd, Unit 1 North Dorset Business Park, Sturminster Newton, Dorset, United Kingdom, DT10 2GA
Ingredients	Nut Mix 84% (PEANUTS, CASHEWS (NUTS), ALMONDS (NUTS)), Sugar, Extra Virgin Olive Oil, Cinnamon, Vanilla Powder (Sugar, Vanilla Extract)

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	Yes	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Sesame
Country of Origin	United Kingdom
Storage Instructions	Keep cool, dry and away from direct sunlight
Instructions for use	Open and Consume
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2394	Energy (kcal)	577	Salt	0
Fat	42	of which saturates	7		
Carbohydrate	23	of which sugars	17		
Fibre	8	Protein	23		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Shortbread House of Edinburgh Truly Handmade Shortbread with Cinnamon & Demerara 150g
Manufacturer's Name and Address	Shortbread House of Edinburgh, 25 Tennant Street, Edinburgh, Midlothian, United Kingdom, EH6 5NA
Supplier Name and Address	Shortbread House of Edinburgh, 25 Tennant Street, Edinburgh, Midlothian, United Kingdom, EH6 5NA
Ingredients	Flour (WHEAT Flour (GLUTEN), Calcium, Iron, Niacin, Thiamin), Butter (MILK , Salt), Demerara Sugar (10.7%), Sugar, Ground Rice, Vegetable Oils (Rapeseed & Segregated Sustainable Palm Oils), Cinnamon (1%).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Tree Nuts Soybeans
Country of Origin	Scotland
Storage Instructions	Store in a cool, dry place away from direct sunlight. Once opened, store in an airtight container and consume within 7 days.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2233	Energy (kcal)	535	Salt	0.7
Fat	30.4	of which saturates	20.2		
Carbohydrate	59.2	of which sugars	23.4		
Fibre		Protein	5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Manomasa Manchego & Green Olive 160g
Manufacturer's Name and Address	Its All Good Ltd, 273 Dukes Way, Team Valley Trading Est, Gateshead, Tyne & Wear, UK, NE11 0PZ
Supplier Name and Address	Its All Good Ltd, 273 Dukes Way, Team Valley Trading Est, Gateshead, Tyne & Wear, UK, NE11 0PZ
Ingredients	Whole white corn flour, sunflower oil, adzuki beans (4%) red kidney beans (4%) garbanzo beans (2%), Chickpea flour, Maltodextrin, Rice Flour, Salt, Dried Lemon Juice, Sugar Dried Onion, Black Pepper, Yeast Extract, Dried Garlic, Red Bell Peppers, Natural Flavouring, Pink Peppercorn Extract, acid: Citric acid, Dried Cider Vinegar, Green Lemon Extracts, Turmeric Extract These snacks were produced in a NUT free factory

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	store in cool dry place
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2062	Energy (kcal)	493	Salt	1
Fat	24.6	of which saturates	2.4		
Carbohydrate	57.9	of which sugars	3.2		
Fibre	6	Protein	7		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Yorkshire Popcorn Salt & Sweet 40g
Manufacturer's Name and Address	Jimmy Products B.V., Alexander Bellstraat 11, LX OUD BEIJERLAND, NA, The Netherlands, 3261LX
Supplier Name and Address	The Yorkshire Crisp Company, Units 1 - 4 Waleswood Industrial Estate, Waleswood Road, Sheffield, South Yorkshire, United Kingdom, S26 5PY
Ingredients	Popped Corn Kernels, Vegetable Oil (Sustainable RSPO palm oil) Sugar, Salt

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	The Netherlands
Storage Instructions	Store in a cool dry place
Instructions for use	NA
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	468	Energy (kcal)	1968	Salt	2.1
Fat	22.6	of which saturates	7.9		
Carbohydrate	57	of which sugars	22.6		
Fibre	3.4	Protein	5.7		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Popti Cornish Bakehouse Fragrant Rosemary Thins est 120g
Manufacturer's Name and Address	POPTI LTD., Norton Barton Farm, Launcells, Bude, Cornwall, United Kingdom, EX23 9LG
Supplier Name and Address	POPTI LTD., Norton Barton Farm, Launcells, Bude, Cornwall, United Kingdom, EX23 9LG
Ingredients	Plain Flour (WHEAT , Iron, Thiamin, Niacin, Calcium Carbonate), Butter (MILK), Salt, Rosemary 0.5%, White Pepper. For allergens, including cereals containing GLUTEN , see ingredients in bold Produced in a bakery that also handles NUTS, SESAME, MUSTARD, CELERY seed and dairy products.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Celery Mustard Tree Nuts Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place. Once open store in an airtight container
Instructions for use	Enjoy with a hard or goat's Cheese, rich Rillette or Charcuterie
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1830	Energy (kcal)	435	Salt	1.6
Fat	19.7	of which saturates	12.2		
Carbohydrate	58.4	of which sugars	0.6		
Fibre		Protein	7.0		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	R&R Robert & Reeves Prosecco 75cl
Manufacturer's Name and Address	V.N.P VALSA NUOVA PERLINO S.p.A., via valgera 94, Asti, AT, Italia, 14100
Supplier Name and Address	Broadland Drinks Ltd, The New Winery, Chapel St Cawston, NORWICH, Norfolk, United Kingdom, NR10 4BG
Ingredients	PROSECCO DOC EXTRA DRY, Glera Grape contains SULPHITES

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Italy
Storage Instructions	from 5°C to 20 °C away from direct light
Instructions for use	N/A
Alcoholic Strength	11

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	280	Energy (kcal)	67	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	1.5	of which sugars	1.5		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Zonin Ventiterre Merlot Italiano 75cl
Manufacturer's Name and Address	Casa Vinicola Zonin S.p.A., Via Borgolecco, 9, Gambellara (VI), Veneto, Italy, 36053
Supplier Name and Address	Zonin UK Ltd, 18 The Green, Richmond-upon-Thames, Surrey, England, TW9 1PX
Ingredients	Merlot red wine, Potassium METABISULPHITE), Fining agents (Bentonite, Polyvinylpolypyrrolidone).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Italy
Storage Instructions	Store in a cool, dry place.
Instructions for use	Once opened consume within 2 days. To be served at 16°C
Alcoholic Strength	12

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	301	Energy (kcal)	72	Salt	0.001
Fat	0	of which saturates	0		
Carbohydrate	1.36	of which sugars	0.55		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Zonin Ventiterre Soave DOC est 75cl
Manufacturer's Name and Address	Casa Vinicola Zonin Spa, Via Borgolecco 9, Gambellara, Veneto, Italy, 36053
Supplier Name and Address	Zonin UK Ltd, 18 The Green, Richmond Upon Thames, Surrey, TW9 1PX
Ingredients	Garganega and Trebbiano grapes (Contains Sulphites)

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Italy
Storage Instructions	Keep in horizontal position, in a dark place, at a temperature between 11-14°C, humidity around 70%
Instructions for use	Serve at 10-12°C (50-54°F)
Alcoholic Strength	12

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	297	Energy (kcal)	297	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	1	of which sugars	1		
Fibre		Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Linden Lady 12 Luxury Chocolate Selection with Pecans & Cranberries est 180g
Manufacturer's Name and Address	LINDEN LADY CHOCOLATES LTD, Walnut Tree Farm, Birch Road, Copford, Colchester, ESSEX, United Kingdom, CO6 1DR
Supplier Name and Address	LINDEN LADY CHOCOLATES LTD, Walnut Tree Farm, Birch Road, Copford, Colchester, ESSEX, United Kingdom, CO6 1DR
Ingredients	Milk Chocolate: Sugar, cocoa butter, whole MILK powder, cocoa mass, emulsifier: SOYA lecithin, natural vanilla flavour, Min cocoa solids: 30%, MILK solids: 20%. Plain chocolate: cocoa mass, sugar, fat reduced cocoa powder, emulsifier: SOYA lecithin, flavour vanilla. Min cocoa solids 70% White Chocolate; Sugar, cocoa butter, whole MILK powder, emulsifier: SOYA lecithin, flavour vanilla. Praline: (sugar, HAZELNUTS , emulsifier, SOYA lecithin). Fondant: (Sugar, glucose, water, invert sugar syrup) Brandy, puffed rice, marc de champagne, whipping cream (MILK), butter (MILK), condensed MILK , fondant, glucose syrup, WALNUTS , HAZELNUTS , rum, raisin, coffee. Decoration: sugar, whole MILK powder, cocoa butter, cocoa mass, vanilla flavour, rice flour, WHEAT flour, WHEAT malt, WHEAT GLUTEN , salt. Stabilizer: E414, gelatine (beef). Glazing agent: E904. Colours: E160b, E174.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	IN DRY OUT OF DIRECT SUNLIGHT 12 -22C
Instructions for use	NA
Alcoholic Strength	0.1

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2020	Energy (kcal)	481	Salt	0.12
Fat	23.4	of which saturates	14.4		
Carbohydrate	61.1	of which sugars	57.5		
Fibre		Protein	5		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	No
Free from artificial flavours	No		

Name of Product	Brodies Earl Grey Tea 20 Tea Bags est 40g
Manufacturer's Name and Address	Brodies, Newhailes Industrial Estate, Newhailes Road, Musselburgh, East Lothian, Scotland - UK, EH21 6SY
Supplier Name and Address	Brodie Melrose Drysdale & Co Ltd, Newhailes Industrial Estate, Newhailes Road, Musselburgh, East Lothian, Scotland - UK, EH21 6SY
Ingredients	Black Tea, Natural Bergamot Granules (1.9%)

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Scotland
Storage Instructions	Store in a cool, dry place, away from sunlight
Instructions for use	One bag per person, pour on freshly boiled water, infuse for 3-5 minutes
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Reids Honey & Oatmeal Oat Crumbles 150g
Manufacturer's Name and Address	Reids Bakery (Thurso) Ltd., Unit 17, Henderson Street, Thurso, Caithness, United Kingdom, KW14 7QU
Supplier Name and Address	Reids of Caithness, Unit 17, Henderson Street, Thurso, Caithness, United Kingdom, KW14 7QU
Ingredients	OATS (34%), Butter (MILK , salt), Sugar, WHEAT flour (with calcium carbonate, iron, niacin, thiamin), Honey (3%), Golden Syrup, Raising agents (diphosphates, sodium carbonates).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts, Peanuts, Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place. Once opened store in an airtight container.
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2161	Energy (kcal)	517	Salt	0.7
Fat	26.6	of which saturates	15.2		
Carbohydrate	61.1	of which sugars	27		
Fibre		Protein	6.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Dean's Extra Mature Cheddar and Caramelised Red Onion Bites 90g
Manufacturer's Name and Address	Dean's of Huntly Ltd, Depot Road, Huntly, Aberdeenshire, Scotland, AB54 8JX
Supplier Name and Address	Dean's of Huntly Ltd, Depot Road, Huntly, Aberdeenshire, Scotland, AB54 8JX
Ingredients	Cheddar Cheese (MILK) (28%), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), OAT flakes, Vegetable Margarine (Sustainable Palm Oil, Rapeseed Oil, Water, Salt, Natural Flavouring), Salted Butter (Butter (MILK) Salt), Caramelised Red Onion Chutney (Sliced Red Onions, Demerara Sugar, Red Wine Vinegar, Muscovado Sugar, Modified Tapioca Starch, Red Kibbled Onions, Salt, Ground Black Pepper) (4%), Sugar, Salt.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Scotland
Storage Instructions	Once opened, store in an airtight container.
Instructions for use	N/A
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2271	Energy (kcal)	546	Salt	1.2
Fat	36.2	of which saturates	17.3		
Carbohydrate	40.9	of which sugars	2.2		
Fibre	3.6	Protein	12.2		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Laura's Confectionery Chocolate Collection Chocolate Honeycomb Bites Pouch 120g
Manufacturer's Name and Address	Rascal Confectionery, Samal House, Langley, Romford, Essex, United Kingdom, RH3 8XB
Supplier Name and Address	Laura's Confectionery, Unit 2A, Aviator Court, First Avenue, Auckley, Doncaster, South Yorkshire, DN9 3QZ
Ingredients	Sugar, vegetable fat (palm), whey (from MILK), cocoa, rice flour, glazing agents: emulsifier: sunflower lecithin; glazing agents: gums arabic, shellac; Centre (23%) (sugar, glucose, sodium bicarbonate).

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs, Tree Nuts, Peanuts, Sesame, Soya
Country of Origin	UK
Storage Instructions	Ambient storage; Store in a cool, dry place away from direct sunlight.
Instructions for use	Ready for consumption
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2077	Energy (kcal)	496	Salt	0.2
Fat	24.4	of which saturates	14.2		
Carbohydrate	67.2	of which sugars	64.2		
Fibre	0.9	Protein	1.5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	No		

Name of Product	Gold Crown Cherry & Almond Slab Cake est 400g
Manufacturer's Name and Address	Gold Crown Bakeries Ltd, Units 8 & 9, Malmo Food Park, Malmo Road, Hull, East Yorkshire, UK, HU7 0YF
Supplier Name and Address	Gold Crown Bakeries Ltd, Units 8 & 9, Malmo Food Park, Malmo Road, Hull, East Yorkshire, UK, HU7 0YF
Ingredients	Sultanas (46%)(sultanas, sunflower oil), flour (WHEAT , calcium, iron, niacin, thiamin), sugar, butter (MILK) free range EGGS , whole pitted glace cherries (4%)(cherries, glucose/fructose syrup, anti-oxidant: citric acid, natural colour: anthocyanin, preservatives: SULPHUR DIOXIDE), ALMONDS (NUTS) (3%), humectant: glucose syrup ((from WHEAT) contain SULPHUR DIOXIDE), water, black treacle (cane molasses, invert sugar syrup), golden glace cherries (2%) (cherries, glucose/fructose syrup, anti-oxidant: citric acid, preservatives: SULPHUR DIOXIDE), humectant: vegetable glycerine, dusting powder (dextrose, cornflour, vegetable oil), edible star decoration (sugar, ALMONDS (NUTS) , glucose syrup, invert sugar syrup, preservative: potassium sorbate, colouring: lutein) liquid glaze (water, glazing agent: dextrin; granulated sugar, glucose syrup, acidity regulator: citric acid; preservative: potassium sorbate), whey powder (MILK), raising agents: E450, E500.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place away from sunlight.
Instructions for use	Once opened store in an airtight container and consume within 3 days.
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1387	Energy (kcal)	328	Salt	0.5
Fat	8.6	of which saturates	6.7		
Carbohydrate	61.6	of which sugars	50.3		
Fibre		Protein	4.3		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Guppy's Chocolates Toasted Almond Shards 150g
Manufacturer's Name and Address	Guppy's Chocolates, 22 Alan Farnaby Way, Sheriff Hutton Industrial Park, York, North Yorkshire, UK, YO60 6PG
Supplier Name and Address	Guppy's Chocolates, 22 Alan Farnaby Way, Sheriff Hutton Industrial Park, York, North Yorkshire, YO60 6PG
Ingredients	Sugar, cocoa butter, whole MILK powder, cocoa mass, emulsifier: SOYA lecithin, natural vanilla. Added ingredients: toasted ALMONDS (NUTS) (cocoa solids 33% min; Milk solids 20.5% min). Allergy information: Contains NUTS, MILK & SOYA . Suitable for vegetarians. GLUTEN free.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Peanuts
Country of Origin	UK
Storage Instructions	STORE IN A COOL DRY PLACE
Instructions for use	n/a
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2365	Energy (kcal)	565	Salt	0.2
Fat	37.2	of which saturates	20.9		
Carbohydrate	48.7	of which sugars	47.6		
Fibre	2.3	Protein	7.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Highfield Preserves Bramley Apple & Cider Chutney 210g
Manufacturer's Name and Address	Highfield Preserves Ltd, Unit 4, Highmount Court, Four Cross Avenue, Willand, Devon, United Kingdom, EX15 2FB
Supplier Name and Address	Highfield Preserves Limited, Unit 4 Highmount Court, Mid Devon Business Park, Willand, Devon, United Kingdom, EX15 2FB
Ingredients	Bramley Apples (46%), Sugar, White Wine Vinegar, Sultanas (7%), Onions, Cider (2%), Fruit Pectin, Spices, Salt.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Refrigerate after opening and use within six weeks.
Instructions for use	Not applicable
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	812	Energy (kcal)	192	Salt	0.21
Fat	0	of which saturates	0		
Carbohydrate	44	of which sugars	42		
Fibre	2.7	Protein	1.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Highfield Preserves Blackcurrant Jam 320g
Manufacturer's Name and Address	Highfield Preserves Ltd, Unit 4, Highmount Court, Mid Devon Business Park, Willand, Devon, United Kingdom, EX15 2FB
Supplier Name and Address	Highfield Preserves Ltd, Unit 4 Highmount Court, Mid Devon Business Park, Willand, Devon, United Kingdom, EX15 2FB
Ingredients	Sugar, Blackcurrants, Water, Gelling Agent: Fruit Pectin, Acidity Regulator: Citric Acid. Prepared with 35g of fruit per 100g. Total sugar content 65g per 100g.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Refrigerate after opening and use within six weeks.
Instructions for use	Not applicable
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1036	Energy (kcal)	244	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	60	of which sugars	59		
Fibre	1.6	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Just... Country Herb Dressing est 250g
Manufacturer's Name and Address	Just Oil Ltd, Wade Lane Farm, Hill Ridware, Rugeley, Staffordshire, United Kingdom, WS15 3RE
Supplier Name and Address	Just Oil Ltd, Wade Lane Farm, Hill Ridware, Rugeley, Staffordshire, United Kingdom, WS15 3RE
Ingredients	Cold Pressed Rapeseed Oil (57%), White Wine Vinegar, Water, Sugar, Dijon MUSTARD , Herbs (3.4%) (Basil, Rosemary, Thyme, Parsley), Salt, Garlic Puree, Thickeners Xanthan Gum, Black Pepper.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	Yes
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Cool dark place
Instructions for use	Perfect for salads - pour desired amount
Alcoholic Strength	0

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2213	Energy (kcal)	537	Salt	1.2
Fat	56.8	of which saturates	3.8		
Carbohydrate	5.1	of which sugars	3.6		
Fibre	0.5	Protein	0.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Cotswold Fudge Co. Cotswold Gin Fudge est 150g
Manufacturer's Name and Address	Silverthorne Hobbs Ltd (t/a Cotswold Fudge Co), Unit 28 Langston Priory Workshops Station Road, Kingham, Oxfordshire, United Kingdom, OX7 6UP
Supplier Name and Address	Silverthorne Hobbs Ltd, Unit 28 Langston Priory Workshops Station Road, Kingham, Oxfordshire, United Kingdom, OX7 6UP
Ingredients	Sugar, Condensed MILK , Glucose, Butter (MILK), Syrup, Gin, Dried MILK , Glycerine, Salt. Allergen advice. For allergens, including cereals containing GLUTEN , see ingredients in bold .

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	Ambient storage, in a cool place away from direct sunlight or strong flavours
Instructions for use	No preparation necessary.
Alcoholic Strength	2.7

Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1663	Energy (kcal)	393	Salt	0.38
Fat	7.6	of which saturates	4.8		
Carbohydrate	79	of which sugars	76		
Fibre		Protein	1.8		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes		