

ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

Name of Product	Butlers Assortment of Chocolate Truffles & Pralines in Brown Sleeve 185g
Manufacturer's Name and Address	Butlers Chocolates Ltd, Clonshaugh Business & Technology Park, Coolock, Dublin, Ireland, D17 A07
Supplier Name and Address	Butlers Chocolates Ltd, Clonshaugh Business & Technology Park, Coolock, Dublin, Ireland, D17 A07
Ingredients	Ingredients: Sugar, cocoa mass, cocoa butter, whole <b>MILK</b> powder, glucose syrup, invert sugar syrup, sweetened condensed <b>MILK (MILK, sugar)</b> , <b>HAZELNUTS, ALMONDS (NUTS)</b> , butter oil ( <b>MILK</b> ), butter ( <b>MILK</b> ), glycerol, long life cream (cream ( <b>MILK</b> ), stabiliser: carrageenan), emulsifier: <b>SOYA</b> lecithin, natural flavourings, water, butterscotch pieces (brown sugar, glucose syrup, butter (17%) ( <b>MILK</b> ), natural flavouring), Irish Atlantic Sea Salt, mango granules, cocoa nibs, cocoa powder, coffee powder, coffee extract, raspberry granules, citric acid, emulsifier: mono- and diglycerides of fatty acids, salt. (Plain chocolate contains: 58% cocoa solids minimum. MILK chocolate contains: 32% cocoa solids minimum, 20% MILK solids minimum. White chocolate contains: 26% cocoa solids minimum, 20% MILK solids minimum. 40% MILK chocolate contains: 40% cocoa solids minimum, 15% MILK solids minimum. 70% dark chocolate contains: 70% cocoa solids minimum). Please store in a cool, dry and odourless place. For best before date, please see side/base of box. There is no alcohol in this selection, which contains 13 chocolates. This product is vegetarian. No GLUTEN ingredients.

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Ireland
Storage Instructions	Please store in a cool, dry and odourless place.
Instructions for use	Please store in a cool, dry and odourless place.
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2126	Energy (kcal)	508	Salt	0.2
Fat	30	of which saturates	15		
Carbohydrate	51	of which sugars	45		
Fibre	0	Protein	5.8		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Cambrook Brilliantly Baked Hickory Smoke Seasoned Almonds and Cashews 80g
Manufacturer's Name and Address	Cambrook Foods Ltd, Unit B1/B2, Howard Tenens Estate, Macadam Way, Andover, Hampshire, United Kingdom, SP10 3LF
Supplier Name and Address	Cambrook Foods Ltd, Unit B1/B2, Howard Tenens Estate, Macadam Way, Andover, Hampshire, United Kingdom, SP10 3LF
Ingredients	<b>ALMONDS (NUTS) (57%), CASHEWS (NUTS) (38%)</b> Hickory Smoke Seasoning (2.4%): Salt, Maltodextrin, Yeast Extract, Dextrose, Smoke Flavouring, Rapeseed Oil, Acidity regulator: Citric Acid. Stabiliser: Gum Arabic

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Peanuts Sesame Other Tree Nuts
Country of Origin	UK - No provenance statement printed on packaging
Storage Instructions	Cool & dry, Under 23°C, Away from heat or direct sunlight
Instructions for use	Eat as a snack anytime.
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2363	Energy (kcal)	565	Salt	1.9
Fat	47.5	of which saturates	5.8		
Carbohydrate	13.5	of which sugars	5.5		
Fibre	5.7	Protein	18.7		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Kingsdown Blackcurrant Sparkle 750ml
Manufacturer's Name and Address	CMB Water Limited T/A Kingsdown Water, walmer court farm, deal, kent, united kingdom, CT14 7NA
Supplier Name and Address	CMB Water Limited T/A Kingsdown Water, walmer court farm, deal, kent, CT14 7NA
Ingredients	spring water, white cane sugar, NFC blackcurrant juice

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	united kingdom
Storage Instructions	dark cool place
Instructions for use	chill and invert bottle before opening
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	153	Energy (kcal)	36	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	9	of which sugars	9		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Highfield Preserves Red Onion Marmalade 220g
Manufacturer's Name and Address	Highfield Preserves Ltd, Unit 4 Highmount Court, Mid Devon Business Park, WILLAND, Devon, United Kingdom, EX15 2FB
Supplier Name and Address	Highfield Preserves Limited, Unit 4 Highmount Court, Mid Devon Business Park, WILLAND, Devon, United Kingdom, EX15 2FB
Ingredients	Red Onions (52%), Demerara Sugar, Balsamic Vinegar (15%), Soft Brown Sugar, Water, Redcurrants, Sugar, Fruit Pectin, Salt.

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Refrigerate after opening and use within six weeks.
Instructions for use	Not applicable
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	767	Energy (kcal)	181	Salt	0.1
Fat	0	of which saturates	0		
Carbohydrate	42	of which sugars	40		
Fibre	0	Protein	1.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Joe & Seph's Pina Colada Gourmet Popcorn 70g
Manufacturer's Name and Address	Joe's Gourmet Foods, 3 Willen Field Road, London, United Kingdom, NW10 7BQ
Supplier Name and Address	Joe's Gourmet Foods, 3 Willen Field Road, London, United Kingdom, NW10 7BQ
Ingredients	Corn, Sugar, Butter ( <b>MILK</b> ), Pineapple (13%) {Pineapple Puree (Pineapple (89%), Sugar), Dried Pineapple}, Dried Coconut (11%), Corn Syrup, Rum (5%), Coconut Milk, Pineapple Natural Flavour {Natural Flavour, Inverted Sugar Syrup}, Coconut Extract {Natural Coconut Extract, Inverted Sugar Syrup}

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry, dark place
Instructions for use	Once open, consume within five days.
Alcoholic Strength	0.2

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	1725	Energy (kcal)	414	Salt	0.3
Fat	22.9	of which saturates	15.7		
Carbohydrate	49.7	of which sugars	31.5		
Fibre	4	Protein	2.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Forest Feast 60% Cocoa Dark Chocolate Figs 140g
Manufacturer's Name and Address	Kestrel Foods Ltd, Unit 8 Carn Drive, Carn Industrial Estate, Craigavon, Armagh, United Kingdom, BT63 5WJ
Supplier Name and Address	Kestrel Foods Ltd, Unit 8 Carn Drive, Carn Industrial Estate, Craigavon, Armagh, United Kingdom, BT63 5WJ
Ingredients	Dark Chocolate (60%) (cocoa mass, sugar, cocoa butter, emulsifier ( <b>SOYA</b> lecithin), natural vanilla flavouring), Figs (39%), Glazing Agent (gum arabic), Glucose Syrup, Vegetable Oil (RSPO approved palm oil). Dark chocolate contains 60% cocoa solids minimum.

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place.
Instructions for use	N/A
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1718	Energy (kcal)	411	Salt	0.09
Fat	21.6	of which saturates	13		
Carbohydrate	46.2	of which sugars	44		
Fibre	8.9	Protein	5.7		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Santa Lucia Sauvignon Blanc vintage 2019 75cl
Manufacturer's Name and Address	Les Grands Chais de France, 1 Rue de la Division Leclerc, Petersbach, France, 67290
Supplier Name and Address	Les Grands Chais de France, 1 Rue de la Division Leclerc, Petersbach, France, 67290
Ingredients	Contains <b>SULPHITES</b>

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Chile
Storage Instructions	none on pack
Instructions for use	none on pack
Alcoholic Strength	12.5

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	294	Energy (kcal)	70	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0.35	of which sugars	0.35		
Fibre	0	Protein	0		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes		



Name of Product	Maxwell & Franks 4 Mince Pies - Black & Gold Design
Manufacturer's Name and Address	Maxwell & Franks Ltd, 4 Centurion Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Supplier Name and Address	Maxwell & Franks Ltd, 4 Centurion Way, Crusader Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Ingredients	Fortified <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Niacin, Iron, Thiamín), Mincemeat (33%) [Sugar, Apple Puree, Currents, Sunflower Oil), Sultanas (10%)(Sultanas, Sunflower Oil), Mixed Peel (4%) (Orange Peel, Glucose – Fructose Syrup, Sugar, Lemon Peel, Acidity Regulator: Citric Acid), Vegetable Suet (3%) (Palm Oil, Rice Flour, Sunflower Oil), Mixed Spice, Acidity Regulator: Acetic Acid], Vegetable Oils (Palm Oil, Rapeseed Oil, Salt, Citric Acid, Colour: Natural Carotenes), Sugar, Preservative: Potassium Sorbate, Raising Agent: (Diphosphates, Sodium Carbonates, Fortified <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin))

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Milk Tree Nuts Soybeans Sulphites/Sulphur Dioxide
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place avoiding direct sunlight
Instructions for use	Once opened, keep in an airtight container and consume within 7 days
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1713	Energy (kcal)	408	Salt	0.2
Fat	17	of which saturates	5.9		
Carbohydrate	61	of which sugars	29		
Fibre	0	Protein	3.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Maxwell & Franks Double Chocolate Sharing Slab with Gold Stars and Mini Gold Star Sprinkles 700g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Business Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Supplier Name and Address	Maxwell & Franks Ltd, Unit 4 Roman Way, Crusader Business Park, Warminster, Wiltshire, United Kingdom, BA12 8BT
Ingredients	Light Brown Sugar (Sugar, Cane Molasses, Invert Sugar Syrup), Whole <b>Egg</b> , Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Dark Chocolate Chips (11%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: <b>SOYA</b> Lecithin, Vanilla Flavouring), Glucose Syrup, Vegetable Glycerine (Rapeseed Oil), Fat Reduced Cocoa Powder, Dark Chocolate Icing [Sugar, Vegetable Oil (Rapeseed, Palm), Glucose Syrup, Fat Reduced Cocoa Powder, Emulsifiers (Mono-and Diglycerides of Fatty Acids (Palm Oil), <b>SOYA</b> Lecithin), Salt, Preservative (Potassium Sorbate), Natural Flavouring], <b>MILK</b> Chocolate Chunks (3%) (Sugar, Whole <b>MILK</b> Powder, Cocoa Butter, Cocoa Mass, Whey Powder ( <b>MILK</b> ), Skimmed <b>MILK</b> Powder, Emulsifier: <b>SOYA</b> Lecithin, Natural Vanilla Flavouring), Gold Star Decoration [Sugar, Glucose Syrup, Palm Oil, Emulsifier: Acacia Gum, Humectant: Glycerine, Emulsifier: Mono-and Diglycerides of Fatty Acids (Palm Oil), Stabiliser: Xanthan Gum, Colours (Titanium Dioxide, Iron Oxide), Glazing Agent: Shellac], Raising Agent (Diphosphates, Sodium Carbonates, Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin)), Preservative: Potassium Sorbate, Mini Gold Star Decoration [Sugar, Potato Starch, Sunflower Oil, Rice Flour, Colours (Riboflavin, Titanium Dioxide, Iron Oxide), Glazing Agent: Shellac].

#### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Sulphites/Sulphur Dioxide
Country of Origin	UK
Storage Instructions	Store in a cool dry place
Instructions for use	Once opened consume within 3 days
Alcoholic Strength	0

#### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1682	Energy (kcal)	402	Salt	0.48
Fat	19	of which saturates	7.8		
Carbohydrate	54	of which sugars	32		
Fibre	0	Protein	5.7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Cartwright & Butler Chocolate Wafer Rounds in Gold Box 120g
Manufacturer's Name and Address	Cartwright & Butler, UNICORN HOUSE BROAD LANE, GILBERDYKE, EAST YORKSHIRE, United Kingdom, HU15 3TD
Supplier Name and Address	Moordale Foods, UNICORN HOUSE, BROAD LANE, GILBERDYKE, EAST YORKSHIRE, United Kingdom, HU15 3TD
Ingredients	Milk Chocolate 63% [Sugar, Cocoa Butter, Whole <b>MILK</b> Powder, Cocoa Mass, Whey Powder ( <b>MILK</b> ), Anhydrous <b>MILK</b> Fat, Emulsifier: Lecithin, E476, Flavouring], Palm Fat*, Sugar, <b>WHEAT</b> Flour, Potato Starch, Skimmed <b>MILK</b> Powder, <b>PEANUT</b> Paste (0.9%), Rapeseed Oil, Low Fat Cocoa Powder (0.3%), <b>EGG</b> Yolk Powder, Emulsifier: Lecithin, Salt, Flavouring, Raising Agents: Ammonium Carbonates, Sodium Carbonates, Maltodextrin. <b>MILK</b> chocolate contains: cocoa solids 32% minimum. *From an RSPO certified sustainable source.

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	Yes	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Sesame Soybeans
Country of Origin	Poland
Storage Instructions	Store in a cool, dry place
Instructions for use	ready to eat
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2285	Energy (kcal)	548	Salt	0.23
Fat	32.8	of which saturates	18.8		
Carbohydrate	56.4	of which sugars	43.7		
Fibre	2.7	Protein	5.4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	No		

Name of Product	Popti Cornish Bakehouse Snaps Cheddar and Onion 120g
Manufacturer's Name and Address	POPTI LTD., Norton Barton Farm, Launcells, BUDE, Cornwall, United Kingdom, EX23 9LG
Supplier Name and Address	POPTI LTD., Norton Barton Farm, Launcells, BUDE, Cornwall, United Kingdom, EX23 9LG
Ingredients	Plain Flour ( <b>WHEAT</b> , Calcium Carbonate, Iron, Niacin, Thiamin), Cheddar Cheese ( <b>MILK</b> ) 21.7%, Butter ( <b>MILK</b> ), Onion Powder 3.16%, Grana Padano ( <b>MILK</b> ), <b>MUSTARD</b> Powder, Dijon <b>MUSTARD</b> , Salt, Pepper. For allergens see ingredients in bold.

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	Yes
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Celery Tree Nuts Peanuts Sesame
Country of Origin	United Kingdom
Storage Instructions	Once open, store in a cool dry place. Best Before: see base
Instructions for use	A delicious alternative snack enjoyed on its own, or with dips
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1752.1	Energy (kcal)	417.1	Salt	1.5
Fat	19.3	of which saturates	11.7		
Carbohydrate	48.9	of which sugars	1.8		
Fibre	2.7	Protein	12.9		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Savoursmiths Truffle and Rosemary Potato Crisps 150g
Manufacturer's Name and Address	Savoursmiths Ltd, College Farm, Grange Road, Duxford, Cambridge, UK, CB224QF
Supplier Name and Address	Savoursmiths Ltd, College Farm, Grange Road, Duxford, Cambridge, UK, CB224QF
Ingredients	Potatoes, Sunflower Oil, Black Truffle & Rosemary Flavour Seasoning (Rice flour, yeast extract powder, sugar, onion powder, natural flavouring, salt, garlic powder, herb (rosemary, thyme, parsley), acid (citric acid E330), anti-caking agent (silicon dioxide E551 (non-declarable processing aid)), spice (white pepper), black summer truffle extract, mushroom powder).

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Sulphites/Sulphur Dioxide
Country of Origin	UK
Storage Instructions	Store in a cool dry place away from light.
Instructions for use	Store in a cool dry place away from light.
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2100	Energy (kcal)	502	Salt	1.4
Fat	28	of which saturates	3		
Carbohydrate	53	of which sugars	3		
Fibre	7	Protein	4		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Stas Milk Chocolate Tree Slab Lolly with Chocolate Stars & Sprinkles 225g
Manufacturer's Name and Address	The Stas Partnership Ltd, Unit 19 Hailey Road Business Park, Erith, Kent, United Kingdom, DA18 4AA
Supplier Name and Address	The Stas Partnership Ltd, Unit 19 Hailey Road Business Park, Erith, Kent, United Kingdom, DA18 4AA
Ingredients	Sugar Cocoa Butter Whole <b>MILK</b> Powder Cocoa Mass Sprinkles : Sugar, Cocoa Mass, Low Fat Cocoa Powder, Cocoa Butter, Emulsifier: <b>SOYA</b> Lecithin, Natural Vanilla Flavour Coconut Oil Emulsifier <b>SOYA</b> Lecithin Natural Vanilla Flavouring Bronze Powder - Iron Oxides (E172)(E555)

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts
Country of Origin	United Kingdom
Storage Instructions	Cool (17 °C ) Dry (RH60%) away from direct sunlight
Instructions for use	n/a
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2357	Energy (kcal)	563	Salt	0.2
Fat	36.2	of which saturates	21.8		
Carbohydrate	51.2	of which sugars	50.1		
Fibre	0	Protein	7		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	Yes		

Name of Product	OEA Richly Dark Pitted Kalamata Olives 150g
Manufacturer's Name and Address	Olives Et Al, Unit 1, Sturminster Newton, Dorset, United Kingdom, DT10 2GA
Supplier Name and Address	Olives Et Al, Unit 1, Sturminster Newton, Dorset, United Kingdom, DT10 2GA
Ingredients	Pitted Kalamata Olives 50%, Extra Virgin Olive Oil 49%, Herbes de Provence, Acidity Regulator: Lactic Acid

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts Peanuts Sesame
Country of Origin	Greece, Spain, India, France, UK, Italy, Belgium
Storage Instructions	No need to chill. Just keep cool and covered in oil
Instructions for use	N/A
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	2339	Energy (kcal)	569	Salt	4
Fat	62	of which saturates	9		
Carbohydrate	1	of which sugars	0		
Fibre	1	Protein	1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/ceciac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	MG Estate Pinot Noir 75cl
Manufacturer's Name and Address	Mont Gras, CAMINO ISLA YAQUIL, SN VI REGION, PALMIILA, Chile
Supplier Name and Address	North South Wines, Dryaton Hall, West Drayton, London, UB77PS
Ingredients	Contains <b>SULPHITES</b>

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Chile
Storage Instructions	Store in a cool dry place
Instructions for use	drink responsibly
Alcoholic Strength	13

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	314.48	Energy (kcal)	75.16	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0.227	of which sugars	0.227		
Fibre	0	Protein	0		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers/ceciac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes		



Name of Product	Delicioso Salsa Romesco 165g
Manufacturer's Name and Address	Karimix UK Ltd, Stone Stile Farm, Faversham, Kent, UK, ME139SD
Supplier Name and Address	Delicioso UK Ltd, Unit 8 Tower Business Park, Tower Road Berinsfield, Oxford, Oxfordshire, United Kingdom, OX10 7LN
Ingredients	Tomatoes, roasted morrones peppers, nora peppers (peppers, citric acid), <b>HAZELNUTS (NUTS)</b> , olive oil, sherry vinegar, garlic, <b>ALMONDS (NUTS)</b> , paprika , salt, cornflour, black pepper

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Peanuts
Country of Origin	United Kingdom
Storage Instructions	Ambient Storage; Once is opened please keep it refrigerated
Instructions for use	Ambient Storage; Once is opened please keep it refrigerated
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	404	Energy (kcal)	97	Salt	1.1
Fat	7	of which saturates	0.7		
Carbohydrate	5.2	of which sugars	2.9		
Fibre	1.7	Protein	1.9		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/ceciac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	The Fabulous Fruit Co Plum Preserve with Mulled Wine 227g
Manufacturer's Name and Address	Welsh Lady Preserves, Bryn, Y Ffor, Pwllheli, Gwynedd, Wales, LL53 6RL
Supplier Name and Address	The Fabulous Fruit Co, 3 Hungerford Close, The Prinnels, Swindon, Wiltshire, United Kingdom, SN5 6NA
Ingredients	Sugar, Plums, Mulled Wine (2%), Gelling Agent (Fruit Pectin), Acidity Regular (Citric Acid)

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Wales
Storage Instructions	Refrigerate after opening and consume within 6 weeks.
Instructions for use	Spread on bread, cakes, scones and can be used to accompany cold meats and cheese.
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	1144	Energy (kcal)	268	Salt	0.02
Fat	0	of which saturates	0		
Carbohydrate	67	of which sugars	67		
Fibre	0.1	Protein	0.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/ceciac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	The Kindness Bakery Ploughman's Lunch Oatcake Bites 175g
Manufacturer's Name and Address	The Kindness Bakery, 69 Main Street, New Deer, Turriff, Aberdeenshire, Scotland, Ab53 6SY
Supplier Name and Address	The Kindness Bakery, 69 Main Street, New Deer, Turriff, Aberdeenshire, Scotland, Ab53 6SY
Ingredients	Oatmeal ( <b>OATS</b> ) 48%, <b>WHEAT</b> Flour, ( <b>WHEAT</b> flour, <b>WHEAT GLUTEN</b> , Calcium Carbonate, Iron, Niacin, Thiamin), Cheddar Cheese: ( <b>MILK</b> ) 13%, Rapeseed Oil, Sweet Pickle 5%: Vegetables In Variable Proportions (54%) (Carrot, Rutabaga, Onion, Cauliflower, Marrow, Gherkin). Sugar, <b>BARLEY</b> Malt Vinegar, Water, Spirit Vinegar, Modified Maize Starch, Date Paste: (Dates, Rice Flour), Apple Pulp (Apple, Preservative: Sodium <b>MetabiSULPHITE</b> ), Salt, Tomato Paste, Dried Spices, Lemon Juice Concentrate, Onion Powder, Colour ( <b>SULPHITE</b> Ammonia Caramel), Flavouring, Sugar, Salt, Raising Agents: (Monocalcium Phosphate, Potassium Hydrogen Carbonate, Calcium Carbonate).

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	Eggs Soybeans
Country of Origin	Scotland
Storage Instructions	Store in a cool, dry place out of direct sunlight. Once opened, the product should be kept in an airtight container.
Instructions for use	N/A
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1781	Energy (kcal)	427	Salt	2.1
Fat	21.4	of which saturates	4.6		
Carbohydrate	47.2	of which sugars	4.7		
Fibre	5	Protein	11.5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers/ceciac	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Ca' Vescovo Prosecco Brut 75cl
Manufacturer's Name and Address	Casa Vinicola Zonin S.p.A., via Borgolecco, 9, Gambellara (VI), Vicenza, Italy, 36053
Supplier Name and Address	Zonin UK Ltd, Priory House, Cloisters Business Centre, London, England, SW8 4BG
Ingredients	Glera (White Wine, Grape Must) 85%, White Wine (Chardonnay, Pinot bianco, Pinot grigio, Pinot noir vinified white) 15%, Potassium <b>metabiSULPHITE</b> , Made using (Sucrose, Yeast powder, Diammonium Phosphate, Thiamine Hydrochloride), Fining agents (Bentonite, Polyvinylpyrrolidone).

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Italy
Storage Instructions	Store in a cool, dry place
Instructions for use	Best served chilled. Once opened, keep refrigerated and consume within 3 days.
Alcoholic Strength	11

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	293	Energy (kcal)	70	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	18.5	of which sugars	13.5		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/ceeliac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Source Climate Change Coffee Organic Medium Roast & Ground La Sierra Cloud Forest 227g
Manufacturer's Name and Address	Source Climate Change Coffee, Flat 4, 138 Valley Road, Harrogate, North Yorkshire, United Kingdom, DG7 1SA
Supplier Name and Address	Source Climate Change Coffee, Flat 4, 138 Valley Drive, Harrogate, North Yorkshire, United Kingdom, HG2 0JS
Ingredients	Roasted Gourmet Coffee

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		
May contain statements					
Country of Origin	Roasted and ground in the UK. Beans from Mexico.				
Storage Instructions	Once opened store in a cool dry place				
Instructions for use	Brew 1 dessert spoon full with hot water for 3-5 minutes in a cafetiere				
Alcoholic Strength	0				

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		
Suitable for vegetarians	Yes	Suitable for vegans	Yes		
Suitable for gluten allergy sufferers/ceciac	Yes	Suitable for wheat allergy sufferers	Yes		
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes		
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes		
Free from alcohol	Yes	Free from artificial colours	Yes		
Free from artificial flavours	Yes				

Name of Product	Copperpot Cappuccino Fudge 150g
Manufacturer's Name and Address	OV St Ives (County Confectionery), Penbeagle Industrial Estate,, , Saint Ives, Cornwall, UK, TR26 2JH
Supplier Name and Address	Orchard Valley Foods Limited, 4 Lower Teme Business Park,, , Burford, Tenbury Wells,, Worcestershire, , WR15 8SZ
Ingredients	Sugar, Salted Butter 18% ( <b>MILK</b> , Salt), Sweetened Condensed <b>MILK</b> ( <b>MILK</b> , Sugar), Glucose Syrup, Golden Syrup, Colombian Soluble Coffee 2%, Emulsifier <b>SOYA</b> Lecithin

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	Store in a cool, dry place away from direct sunlight. Once opened, store in an airtight container. Optimum temperatures 10-22°C; 70% max relative humidity.
Instructions for use	Ready to eat confectionery
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1808	Energy (kcal)	430	Salt	0.41
Fat	16	of which saturates	9.8		
Carbohydrate	71	of which sugars	65		
Fibre	0.5	Protein	1.5		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers/ceciac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Linden Lady Chocolate Covered Marshmallows with White Chocolate Drizzle & Gold Disc Sprinkles 125g
Manufacturer's Name and Address	Linden Lady Chocolates Ltd, Walnut Tree Farm, Birch Road, Copford, Colchester, Essex, United Kingdom, CO6 1DR
Supplier Name and Address	Linden Lady Chocolate Ltd, Walnut Tree Farm, Birch Road, Copford, Colchester, Essex, United Kingdom, CO6 1DR
Ingredients	MILK chocolate (sugar cocoa butter, whole <b>MILK</b> powder, cocoa mass, emulsifier ( <b>SOYA</b> lecithin), flavour (natural vanilla)), Min. cocoa solids 33%, <b>MILK</b> solids: 20%, White chocolate (sugar, cocoa butter, whole <b>MILK</b> powder, emulsifier ( <b>SOYA</b> lecithin), natural vanilla flavour). Marshmallow (glucose syrup, sugar, dextrose, water, humectant (sorbitol syrup), gelatine, flavour). Decorations: Sugar, potato starch, sunflower oil, rice flour. Colours: E101, E171, E172. Anti-caking agent: E555. Glazing agent: E904

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	In the dry, out of direct sunlight at a temperature 15-22c
Instructions for use	n/a
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2027	Energy (kcal)	482.5	Salt	0.14
Fat	23.5	of which saturates	14.2		
Carbohydrate	61.2	of which sugars	56.3		
Fibre	0	Protein	4.6		

Suitable for vegetarians	No	Suitable for vegans	No
Suitable for gluten allergy sufferers/ceciac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	No
Free from artificial flavours	No		

Name of Product	Crunch & Crumble Festive Spiced Biscuits 150g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Boundary House, Littledown Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Supplier Name and Address	Maxwell & Franks Ltd, Boundary House, Littledown Business Park, Shaftesbury, Dorset, United Kingdom, SP7 9BT
Ingredients	Fortified <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Salted Butter (Butter ( <b>MILK</b> ), Salt), Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Sugar, Vanilla Flavour, Mixed Spice, Nutmeg.

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Tree Nuts Soybeans
Country of Origin	UK
Storage Instructions	Store in a cool dry place out of direct sunlight.
Instructions for use	Once opened store in an airtight container and consume within 3 days.
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	2472	Energy (kcal)	592	Salt	0.48
Fat	34	of which saturates	18		
Carbohydrate	64	of which sugars	21		
Fibre	2.2	Protein	6.4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers/ceeliac	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		